



DEVONA
SPA

Treatment Menu





Welcome

Whether you're looking to relax or recharge. The Award-winning Devona Spa at Hilton Aberdeen TECA is the ultimate sanctuary designed to treat the mind, body, and soul.

Devona. Deriving from the Gaelic meaning 'goddess of the rivers', and our house brand Ishga, deriving from the Gaelic word for water blends, creates the perfect combination for your next luxury tranquil escape.

In the expert hands of our Ishga trained therapists, each treatment is perfectly adapted to your needs and wishes. Our treatments are Unisex.

Our facilities boast a 20-meter indoor pool, whirlpool, sauna, steam room, bespoke heated beds, and loungers on poolside. Our fitness centre offers Cardiovascular and free-weight Technogym equipment and a studio where guests and members can join fitness classes.

ishga

Organic Seaweed Skincare



Massage

FULL BODY MASSAGE

£90 50 minutes

A light, medium or firm pressure full body massage combining relaxing elements of aromatherapy massage, lymphatic drainage, and traditional Swedish massage techniques to reduce muscle tension and reenergise the body.

Your expert therapist will tailor your massage experience and choose from the below

Invigorating

An uplifting, detoxifying seaweed body oil with lemongrass, juniper, lavender and rose geranium. Particularly useful for improving fatigue and eliminating toxins.

Relaxing

The luxurious scent of nurturing rose geranium to aid stress relief, relax, soothe, and balance a tired mind and body. A silky base of sweet almond and jojoba oil to hydrate and tone skin.

Warming

A comforting, woody oil containing patchouli, bergamot, and sandalwood. Ideal for muscular aches, nervous tension, and insomnia.

HOT STONE MASSAGE

£95 50 minutes

A light pressure full body massage incorporating heated Basalt stones which instantly relax the muscles. Hot stones work to relax the mind, ease muscle tension, reduce aches and pains and are placed along the chakras to open energy pathways. A seaweed-based oil with lemongrass, lavender and juniper will detoxify and regenerate the skin

HOT POULTICE MASSAGE

£95 50 minutes

A rebalancing, light massage using heated sea salt and seaweed granule filled poultices, which are applied to the body to relax the muscles, release tension, and nourish the skin. Combined with manual massage movements, the relaxing warm poultices are rhythmically stroked and kneaded over the body. When the compress is heated it provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals deep within.

The background of the page is a vertical photograph of seaweed underwater. The water is a clear, light blue-green color. Sunlight filters down from the top, creating a bright, circular glow in the upper right quadrant. The seaweed stalks are thin and dark green, with small, leafy branches extending from them. The overall mood is serene and natural.

DEEP TISSUE BACK, NECK & SHOULDER MASSAGE

£70 30 minutes

Focusing on the back, neck, and shoulder area with powerful, deep, and specifically placed techniques to make this customised massage essential for relief of aching muscles. Using a stimulating blend of unique Hebridean seaweed extract, a natural anti-inflammatory, eucalyptus, may chang, and peppermint relieve physical fatigue and to ease muscle pain.

DEEP TISSUE FULL BODY MASSAGE

£100 60 minutes

Powerful, deep, and specifically placed techniques make this customised massage essential for relief of aching muscles. Using a stimulating blend of unique Hebridean seaweed extract, a natural anti-inflammatory, eucalyptus, may chang, and peppermint relieve physical fatigue and to ease muscle pain. The Therapist will work on one to two body areas of your choice using remedial massage techniques, Thai stretching and localised deep tissue and myo-facial release.



Body Treatments

DETOX BODY WRAP

£95 50 minutes

A powerfully detoxifying Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy, and improve skin tone and texture, increase circulation and detoxifying congestion from the body. A warmed geranium oil scalp massage completes the experience.

NOURISHING BODY WRAP

£95 50 minutes

Relax and reinvigorate your body and mind with this unique body ritual. Combining a hydrating salt and oil scrub infused with sweet almond, jojoba and rose geranium to remove dull, tired skin followed by a cocoon of our nourishing gel body mask which soothes, cools, hydrates, and tones even the driest, sensitive skins. A warmed geranium oil scalp massage completes the experience.

MARINE BACK TREATMENT

£95 50 minutes

The ultimate back facial designed to exfoliate and rejuvenate, while treating any congestion to reveal a brighter and smoother skin. Beginning with a cleanse, tone and exfoliation, a powerful Marine mud mask is applied to clarify and soften the skin while providing a deep moisturising treatment. Ideal for skin concerns such as acne on the back, dryness, or skin conditions and for muscular aches and pains. Enjoy a light, medium or firm massage to the back of the body to leave you feeling deeply relaxed.

Facials

ishga EXPRESS FACIAL

£60 25 minutes

Enjoy a deep facial cleanse, refreshing tone and replenishing moisturise for essential skin maintenance. Includes an antioxidant exfoliating mask and relaxing scalp massage to complete the experience.

ishga FACIAL

£90 50 minutes

A rejuvenating facial designed to revitalise and repair. Suitable for all skin types, even sensitive. It is particularly useful for brightening dull, tired skin and balances skin tone and texture, protecting the skin from environmental damage. This treatment will cleanse, tone, exfoliate and moisturise the skin leaving it revitalised and hydrated.

ishga ANTI-AGEING FACIAL

£90 50 minutes

Using our rich Marine Cleansing Balm packed with hydrating fatty acids and a lifting and firming gel mask to tighten and tone the skin around the eye area. The high content of seaweed extract in the products used is scientifically proven to preserve the skins natural collagen, with powerful anti-ageing properties that repair damaged skin cells which results in smoothing fine lines and wrinkles.

ishga LUXURY FACIAL

£130 90 minutes

An indulgent, luxurious spa facial which incorporates hydrating properties of Hebridean seaweed and hyaluronic acid. Featuring three active masks to exfoliate, nourish, and protect, your skin will be left rejuvenated and glowing. This facial includes a warming massage of the face, scalp, shoulders, and arms using heated sea salt and seaweed poultices which provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals. Featuring Ishga's award winning Hydra + Marine Cream.

ishga FACE AND BODY EXPERIENCE

£90 50 minutes

Combining two of Devona Spa's Hero treatments, this duo begins with a light, medium or firm pressure back massage using a powerful detoxing seaweed body oil with lemongrass, juniper and rose geranium. It is designed to be invigorating but equally relaxing. To conclude, the focus moves to the face combining a deep cleanse, exfoliation, refreshing tone and moisturise using a powerful blend of organic seaweed high in antioxidants and anti-ageing benefits. While the products do their work, enjoy a scalp massage to complete the experience.

Devona Spa Signature Experiences

Indulge in our rejuvenating spa experiences, where each session is crafted as a luxurious ritual, seamlessly blending therapeutic techniques with a sense of mindful tranquillity.

Enjoy full facility use and a robe bundle with our Signature Experiences. Bookable online. Spa lunch can be added for £25pp, please contact the Spa directly.

DEVONA RENEWAL RITUAL EXPERIENCE

£180 120 minutes

This Ritual begins with a Hebridean sea salt and oil scrub which gently exfoliates, sweeping away dull, dry skin. Followed by an invigorating full body massage to reduce muscular tension, eliminate toxins and de-stress the mind. To conclude, a relaxing facial combining a deep cleanse, exfoliation, refreshing tone and moisturise using a powerful blend of organic seaweed high in antioxidants and anti-ageing benefits. While the products do their work, enjoy a scalp massage to complete the experience.

DEVONA POWER OF THE SEA EXPERIENCE

£180 120 minutes

Curated especially for Devona Spa by the Ishga experts.

Embark on a sensory journey with our immersive Power of the Sea Spa Experience, drawing inspiration from the captivating seas of the Scottish Hebrides. Your journey begins with a soothing foot bath filled with a blend of dried seaweed and pure essential oils. The back is gently exfoliated, heated sea salt and seaweed granule filled poultices are rhythmically kneaded into the back of the body to relieve tension and knots. A deep facial cleanse and exfoliation soften the skin to aid absorption of the regenerative Hebridean seaweed oil. Heated poultices are then massaged into the décolleté, face, neck, and scalp. Hands are nourished with a deeply hydrating seaweed gel. To conclude, facial skin is revitalised with a cocktail of antioxidants and minerals using Ishga finishing products, featuring Ishga's award winning Hydra + Marine Cream.

Express Add on Treatments ALL 25 minutes £60

EXPRESS FACIAL

Enjoy a deep facial cleanse, refreshing tone and replenishing moisturise for essential skin maintenance. Includes an antioxidant exfoliating mask and relaxing scalp massage to complete the experience.

RELAXING BACK, NECK & SHOULDER MASSAGE

A massage focusing on the back, neck, and shoulders to target areas of tension, release everyday stress and relax the nervous system. The seaweed-based body oil used contains lemongrass, lavender, and juniper to regenerate and nourish the skin, with anti-inflammatory properties to soothe aching muscles.

SOOTHING SCALP MASSAGE

A calming, restorative treatment focusing on the shoulders, neck, and scalp, to deeply relax and reduce tension. Using Ishga's signature blend of Hebridean seaweed extract, jojoba and sweet almond oil, lavender, rose geranium, juniper, and lemongrass to promote well-being and hydrate the hair and scalp.

SALT & OIL SCRUB

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

FOOT RECOVERY

Salt and oil foot scrub, relaxing foot massage and cooling and detoxifying seaweed gel mask.

HAND RECOVERY

Salt and oil hand scrub, relaxing hand massage and cooling and detoxifying seaweed gel mask.

Pregnancy

Our pregnancy massages have been specifically designed to pamper and relax pregnant clients and are suitable after the first trimester of pregnancy. The mum-to-be will be comfortably positioned and supported throughout the treatment.

BACK, NECK AND SHOULDER MASSAGE

£60 30 minutes

A comforting back, neck and shoulder massage designed to relieve any muscular aches and pains. Using Ishga's Nurturing Oil which promotes relaxation.

FULL BODY MASSAGE

£90 50 minutes

This therapeutic treatment focuses on the changes in the client's body during pregnancy, helping to ease aches and pains and can improve the client's sense of wellbeing, comfort levels and aid relaxation. Using Ishga's Nurturing Oil which hydrates the skin and helps to improve elasticity, reducing stretch marks.

FACE & BODY EXPERIENCE

£90 50 minutes

Combining two of Devona Spa's Hero treatments, this duo begins with a comforting back, neck, and shoulder massage, relieving any muscular tension using Ishga's Nurturing Oil. To conclude, the focus moves to the face combining a deep cleanse, light exfoliation, refreshing tone and moisturise and a deeply relaxing scalp massage.



Oncology

TOUCH THERAPIES

£90 50 minutes

We are delighted to offer a range of treatments suitable for anyone currently undergoing cancer treatment or in recovery from the aftereffects. These relaxing and nurturing treatments work by combining the health benefits of seaweed based natural and organic products, with a range of simple but effective gentle massage or facial. These safe but indulgent treatments will leave you feeling revitalised and confident in the knowledge that our therapists have received additional professional training in cancer care. Let your therapist guide you through a bespoke 50-minute treatment by combining what's best for your current needs, or you may choose any two of the following spa treatments:

Mini Facial

Comforting Foot & Leg Massage

Scalp Massage

Face Massage

Seaweed Hand or Foot Treatment

Back Massage



Hand & Foot Treatments

ishga LUXURIOUS SEAWEED HAND EXPERIENCE

£90 50 minutes

A detoxifying Seaweed treatment to rejuvenate the hands and nails and leave skin silky smooth. This pampering hand treatment begins with a nutrient rich salt and oil scrub, followed by a heated, detoxifying seaweed gel mask and a relaxing hand and arm massage. Nails are shaped, cuticles conditioned and finished with your choice of shiny buff or clear polish.

ishga LUXURIOUS SEAWEED FOOT EXPERIENCE

£90 50 minutes

A detoxifying Seaweed treatment to rejuvenate tired feet and leave skin silky smooth. This pampering foot treatment begins with a soothing foot bath filled with a blend of seaweed and pure essential oils followed by a foot scrub with nutrient rich salts and oils and a heated, detoxifying seaweed gel mask and a relaxing lower leg and foot massage. Nails are shaped, cuticles conditioned and finished with your choice of shiny buff or clear polish.

THE GELBOTTLE SPA MANICURE

£100 75 minutes

The ultimate manicure experience using TheGelBottle Spa Luxury range. This treatment combines an indulgent hand soak, renewing exfoliation and a purifying therapy mask. Nails are filed, cuticles are conditioned with a gel colour of choice, finished with a skin-cocooning balm.

THE GELBOTTLE SPA PEDICURE

£100 75 minutes

The ultimate pedicure experience using TheGelBottle Spa Luxury range. This treatment combines an indulgent foot soak, renewing exfoliation, foot buff and a purifying therapy mask. Nails are filed, cuticles are conditioned with a gel colour of choice, finished with a skin-cocooning balm.

THE GELBOTTLE FINGERS

£45 45 minutes

Includes a file, cuticle work and a Gel colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

THE GELBOTTLE TOES

£45 45 minutes

Includes a file, cuticle work and a Gel colour of choice resulting in a longer lasting nail colour with a high shine and professional finish.

THE GELBOTTLE GEL SOAK OFF

£20 30 minutes

If you require a soak off, please pre-book along with your TheGelBottle appointment.

Waxing & Tinting

Eyebrow	£13.00
Lip	£12.00
Chin	£12.00
Underarm	£15.00
Chest	£35.00
Back	£35.00
Forearm	£20.00
Full arm	£28.00
Half leg	£25.00
Full leg	£35.00
Bikini	£20.00
High Bikini	£25.00
Eyelash Tint	£20.00*
Eyebrow Tint	£14.00*
Eyebrow wax & tint	£22.00*

*Patch Test required at least 48h in advance





Day Packages

DEVONA ULTIMATE LUXURY SPA ESCAPE

Weekend rate £230 & weekday rate £220

- Choice of x2 selected 50-minute treatments
- £10 retail voucher
- Spa lunch
- Full spa access with robes and slippers

DEVONA SPA ESCAPE

Weekend rate £150 & weekday rate £140

- Choice of x1 selected 50-minute treatment
- £10 retail voucher
- Spa lunch
- Full spa access with robes and slippers

DEVONA MINI SPA DAY

Weekend rate £95 & weekday rate £90

- Choice of x1 25-minute treatment
- £10 retail voucher
- Full spa access with robes and slippers

DEVONA TASTER EXPERIENCE

£60pp Monday - Sunday

- Full spa access with robes and slippers
- Spa lunch

BABY ON BOARD PAMPER DAY

Weekend rate £150 & weekday rate £140

- Pregnancy Full Body Massage or Pregnancy Face & Body Experience
- Spa lunch
- Full spa access with robes and slippers
- £10 Retail voucher

SPA PACKAGES & TREATMENT UPGRADES

- Double treatment room for £25 – advanced bookings only (subject to availability)
- Add a Spa lunch for £25pp
- Treatment upgrades from £5, advanced bookings only (subject to availability)
- Add leisure day pass £30 available on any individual treatments (non-package)
- Add Robe & Slipper bundle £15, available to hire on any individual treatments (non-package)

OPTIONS FOR SPA PACKAGES

50-Minute Treatment options Spa Packages & Premium Memberships

1. Full Body Massage (Invigorating, Relaxing & Warming)
2. Facial (Anti-Aging & Ishga Facial)
3. Face and body experience
4. Luxurious Hand or Foot Experience

25-Minute Treatment options Spa Packages

1. Foot Recovery
2. Hand Recovery
3. Express Facial
4. Salt & Oil Scrub
5. Relaxing Back, Neck & Shoulder Massage
6. Soothing Scalp massage

Overnight Packages

DEVONA LUXURY RETREAT SPA BREAK

Prices starting from £345 based on 2 person occupancy*

- Choice of x1 selected 50-minute treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant Overnight stay with breakfast included

DEVONA RECHARGE & REVIVE SPA BREAK

Prices starting from £291 based on 2 person occupancy*

- Choice of x1 25-minute treatment
- Full spa access with robes and slippers
- Dinner included at the Quarter House restaurant Overnight stay with breakfast included.

Bookable through Hilton Aberdeen TECA Reservations team
reservations@hiltonaberdeenteca.com

Terms & Conditions

- **Spa Arrival:** it is advisable to arrive at the spa reception at least 30 minutes prior to your treatment reservation to enable you complete our consultation process. Please be aware that late arrivals will not receive an extension to their treatment. **Age Requirements:** The minimum age requirement for access into the spa and to experience treatments is 18.
- **Health Conditions:** If you have had or are suffering from severe allergies, ill health, or a particular medical condition we ask that you inform us upon booking and speak with your GP prior to booking. All treatments are booked subject to medical status. We reserve the right to refuse treatment/s if we feel it is not in your best interest.
 - **Pregnancy:** We have a variety of treatment options to promote inclusivity to our Pregnant clients regardless of their trimester.
- **What to Bring:** Please wear comfortable clothing. Robes and slippers are not provided for individual treatments, only spa packages. During treatments underwear must always be worn.
- **Spa Etiquette:** The spa environment is one of tranquillity and relaxation. Please respect other guests' rights to privacy and serenity and do not use mobile phones or pagers within the spa. Treatment timings include a consultation and time to change.
- **Cancellation Policy:** A 100% cancellation charge will be incurred for any Treatment or Day Spa Experiences that is not cancelled at least 48 hours prior to appointment.
- **Deposit's -** Booking deposit details are required at point of booking to secure all appointments.
- **Homecare:** To continue your spa experience at home, all Ishga products used within your spa treatments are available at spa reception, where one of our team would be delighted to advise you on the most suitable products for your needs.
- **Retail Vouchers:** These are included in selected day packages for the value of £10 which can be used on any Ishga retail product sold within Devona Spa. These are redeemable on the day of the package and are only redeemable on the day of treatment. These retail vouchers cannot be used in line with other such vouchers or promotions and included within the price of the package.
- **Children's Access** (17 years and under) is restricted to hotel residents only between 7am – 12pm & 4pm – 8pm daily.
- **Spa Days:** Must declare any guest under the age of 18 at point of booking or booking could be revoked with full charge.
- **Parking** is located in the Sub-Terrain car park located at the entrance to the TECA site if entering via Dyce drive onto Corsehill Burn Road OR If entering via A96 and onto Gough Burn Crescent please take first left on the first roundabout after passing the Aloft hotel.
- **Directions from car park:** Once in the sub terrain car park please make your way to the Hilton Hotel designated spaces to park your vehicle. Once you are parked, please enter the stairwell, or lift area and make your way to the surface level. The Spa is located a few steps beyond the Hilton Hotel main entrance doors.

- Registering your vehicle: Once entering the spa you will be prompted to enter your vehicle registration on our tablet devices which allows up to 3 hours complimentary parking.
- Individual treatments: Robes & Slippers will not be allocated to individual treatments are inclusive to spa packages only or can be hired for £15pp
- Leisure facility access: Leisure access can be added to individual treatments for our leisure guest pass fee of £30pp and includes a towel only. Facility access is included in Spa packages.
- Upgrades: For any package or treatment upgrades, these include our signature treatments options, please contact the spa directly on 01224 984970 or enquiries@devonaspa.com. Packages include a set menu of treatment options, treatment upgrades for packages from £5, advanced bookings only (subject to availability)
- Gift Vouchers: Are available to purchase at the Spa reception and online. Vouchers are subject to a 6-month expiry. For full Terms and Conditions please visit: www.devonaspa.com
- Use of vouchers: Vouchers must be brought on day of booking and the full redemption must be used on the day.
- Leisure facilities are available from 6am until 10pm Monday – Sunday
- Spa lockers: Please note our spa lockers require a £1 coin or token equivalent to store items, please ensure to bring with you.
- Weekday rate for spa packages: Monday to Thursday
- Weekend rate for spa packages: Friday to Sunday
- Devona spa operates a cashless facility and therefore all payments must be via card or through a 3rd party provider.
- Nail appointments – if a Gel soak-off is required prior to a nail appointment, this must be declared at time of booking. Please be aware we may be unable to accommodate soak-off or removal appointments that are not pre-booked.
- Our treatment offerings are unisex and can be adapted to your specific needs.



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SPA

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